



(732) 925-7780

# Bed Bug Treatment Checklist

[www.jerseypestandanimalcontrol.com](http://www.jerseypestandanimalcontrol.com)

## **Step 1 - Collect**

Remove all pillows, sheets, bed skirts, and comforters. Take clothing out of dressers and gather towels and curtains. Sort out anything that needs dry cleaning. In daycare centers and preschools, as well as children's bedrooms, don't forget to add soft fabric toys and stuffed animals to your collection. Put machine-washable and dry-clean only pieces in separate plastic trash bags.

## **Step 2 - Laundry**

Wash your items in the hottest water possible. Then, put them in the dryer for at least thirty minutes on high heat. Dry-clean only items can also go into the dryer to get rid of any pests, just don't toss them in the washer first. Afterward, store everything in insect-proof bags until the bed bug extermination process is complete.

## **Step 3 - Declutter**

Help us by clearing out everything stored under beds and other furnishings to eliminate potential insect hiding spots. Preparation for bed bug treatment in houses, hotel suites, waiting rooms, or apartment buildings should also include taking down wall art and moving furniture two feet or more from the walls. Removing outlet and switch coverings is highly recommended.

## **Step 4 - Vacuum**

Use a vacuum with strong suction to clean mattresses, box springs, and carpets. Switch to a crevice tool for bedframes, baseboards, and corners. Vacuuming upholstered seating is also crucial in homes as well as public spaces like lobbies and common areas. Bed bugs often cluster on the undersides of chairs and sofas. When finished, seal the vacuum bag contents and dispose of it outside.

## **Step 5 - Protect**

Buy protective covers rated for bed bug control. Put them on every mattress, foundation, and pillow, while ensuring each one is tight and secure. Inspect them on a regular basis over the next 12 months. Hotels and health care facilities will need to check much more frequently. Fix any holes or tears that you find and replace the covers as needed.

## **Step 6 - Remove**

You'll should be able to save most bed linens and clothing by washing and drying them on high heat. However, if you need to discard a mattress or upholstered furniture, slash it and cut it up, so no one else will want to take it. Before putting anything on the curb, wrap it in heavy-duty plastic and seal it carefully with tape. Add an easy-to-read label that indicates a bed bug problem, so other people won't pick up the items and bring them home.